



**TRIBAL  
HEALTH  
INITIATIVE**

Redefining Health



# ANNUAL REPORT 2021 - 2022

Our Panchayat stopped Covid in its tracks – being the first Panchayat in our district to achieve 100% Covid immunisation, in partnership with the Government.

Covid cast a shadow to everything we did this year – and the Tribal Hospital was the center of most of the work. Closing the tap is as important as mopping the floor has been the Sittilingi approach. We started trying to close the tap almost 3 weeks before the second wave hit us, when the cities were already being hit by the Covid tsunami. Spaced village meetings, education of the small shops etc. When our first cases started showing up and the lockdown announced, the people were ready. Houses tied ropes (with neem twigs in between, to say guests are not welcome; shops followed protocol in not allowing anyone inside; mask usage started increasing; community functions got postponed; frequent announcements through vehicles and the local “tandoora”. The hospital too was ready – a 15 bed exclusive Covid ward, protective gear, oxygen, testing, medicines etc. in place.

Though we did run a 15 bed Covid ward, we also spent a lot of energy in the community. The only way the Staff and Ward was not overcome by patients and lack of resources was to have community involvement and community prevention. Our youth came forward to do house to house education, sharing the helplines. Follow ups of suspects by our nurses in the field, psychological support by our docs and nurses of anybody having fever was an additional step. In the end we had admitted 436 patients – our mortality was less than 1%. The Gol Panchayati Raj Ministry tweeted Sittilingi as an example of tackling Covid. We could only do this because the foundation was the community, not the hospital.







The 2nd batch of our Travel Fellowship – now known as the Rural Health Internship (RHI) started off. Here are 5 really enthusiastic young doctors who are willing to give 1 year of their life to travel to 3 or 4 rural health care setups like us (they have a pool of 12 to choose from) and learn about rural health care first hand – and then decide whether they would like to spend their future doing service for the poor or get back to the main stream. The good news is that all 5 seats were filled even in this age of corona, that's something to celebrate about. Youth are the future for our country's health.

## TREES ARE GODS GREAT ALPHABET, WITH THEM HE WRITES THE FUTURE OF OUR PLANET:

This year we planted 4000 trees in our valley – 2500 coconut saplings to 250 farmers with the help of friends from Bridgeable Singapore and another 1500 saplings which we grew in our nursery, as well as from other friends' nurseries. The aim is to bolster our watersheds, shade line all our roads and provide a permanent income for our farmers. We plan to repeat this every year for some time.



## BUILDING THE ECONOMY WITH WOMEN:

After health, what most affected rural life post-Covid was the economy. People learned that generating money locally was much more sustainable than migrating for work, where there were so many uncertainties. Help came from organizations who understood this, and with their help we were able to build up slowly a revolving fund for boosting the agri-economy through our women groups. Women took loans at a nominal interest to buy cows, make vermi-compost

(to use and sell) or just as an initial starter for their crops to buy seeds and prepare the land. Migration, after all, is one of the major causes of ill-health. **SOFA managed a sales of almost ₹ 1.5 Crore**, in spite of Covid restrictions.



## PORGAI NEWS

Perhaps nothing took a beating like the Craft Initiative. Our main selling platforms were through exhibitions in the cities and Covid closed them down, except for a brief time between the 2 waves. However, Some reputed online platforms agreed to help us and we did manage to salvage the situation to a large extent. **Total sales were ₹ 57.8 lakhs of which ₹ 35.2 lakhs went back to the artisans.**



Sittilingi was the venue chosen by Thannatchi - an organization working for promoting good governance, transparency and peoples involvement at the panchayat level. 18 young and idealistic Panchayat Presidents came from all over TN for 3 days – learning, sharing experiences and what their common frustrations were. There were also presentations and traditional dances at night to make the occasion joyful. By the end of the 3rd day, the seeds of a new movement for a transparent and vibrant Panchayat system started from Sittilingi. Hope starts in small places.





*Within two years Ms. Madheswari Manjunathan and her management of the Panchayat in these difficult times was well appreciated throughout Tamizh Nadu. She has already got 3 awards from various institutions.*

## PLANS FOR THE NEXT YEAR

- Develop a full fledged OPD for the Kalrayan Hills
- Consolidate and improve Community Health interventions
- Develop a farmer Credit System to help farmers not borrow from outside for inputs
- Find new markets for the Craft Initiative
- Refine and improve the Gram Sabha in the Panchayat

We are always grateful for the support from FOS (Friends of Sittilingi), Azim Premji Foundation, AID (Assn for India's Development), HCF (Human Capability Foundation), United Way, Paul Hamlyn Foundation, Thoughtworks and many others who had faith in our work. We would not have been able to achieve this without you.

## TEAM THI

Help us in the Kalrayan Hills >> We are starting a new permanent intervention in the Kalrayan Hills , starting with an OPD and expanding in future. It is challenging task, but not insurmountable with your help. Support our effort by donating generously:

## DONATE & SUPPORT

[CLICK HERE TO DONATE](#)

**ICICI BANK**, Salem – A/C Numbr: 611901076914 – **IFSC:** ICIC0006119

**STATE BANK OF INDIA**, Kotapatty – A/C Numbr 11689302723

**IFSC:** SBIN0006244

Do mail us after transferring. All donations have tax exemption u/s 80G of the IT Act.

# THI - ABRIDGED FINANCIAL STATEMENTS

## BALANCE SHEET

LIABILITIES	2021-22			2020-21	
	SCH	LAKH	%	LAKH	%
Corpus/ Trust Fund	1	132.5	17%	132.5	19%
General Fund	2	575.0	76%	524.1	74%
Endowment Funds	3	50.0	7%	50.0	7%
<b>Liabilities Total</b>		<b>757.5</b>	<b>100%</b>	<b>706.6</b>	<b>100%</b>
ASSETS					
Cash & Bank Balances	4	85.1	11%	37.3	5%
Investments	5	110.0	15%	91.4	13%
Fixed Assets	6	422.2	56%	341.7	48%
Other Current Assets, Loans & Advances	7	140.3	19%	236.2	33%
<b>Assets Total</b>		<b>757.5</b>	<b>100%</b>	<b>706.6</b>	<b>100%</b>

## RECEIPTS & PAYMENTS

RECEIPTS	2021-22			2020-21	
	SCH	LAKH	%	LAKH	%
Opening Balances: Cash, Bank	8	37.3	4%	170.9	29%
Donations - Voluntary Contributions	9	108.5	13%	36.6	6%
Grants for Programmes	10	225.4	26%	91.7	16%
Self-generated income (Net)	11	474.3	55%	282.9	48%
Any other Income	12	15.4	2%	7.3	1%
<b>Receipts Total</b>		<b>860.9</b>	<b>100%</b>	<b>589.4</b>	<b>100%</b>
PAYMENTS	SCH	LAKH	%	LAKH	%
Programme(s) & Public Engagement	13	158.1	18%	217.2	37%
Management & Operational costs	14	181.0	21%	118.2	20%
Purchase/ Construction of major Fixed Assets	15	139.9	16%	33.0	6%
Investments	16	201.7	23%	172.2	29%
Advances to Suppliers & Staff	17	95.1	11%	11.5	2%
Closing Balances: Cash, Bank	18	85.1	10%	37.3	6%
<b>Payments Total</b>		<b>860.9</b>	<b>100%</b>	<b>589.4</b>	<b>100%</b>

## BOARD OF TRUSTEES

Dr Regi George	Managing Trustee
Dr Lalitha Regi	Trustee
Prof M Ravindran	Trustee
Dr Sara Bhattacharji	Trustee
Dr Sukanya Rangamani	Trustee
Dr. Guru Nagarajan	Trustee
Ms Radhika Ram Mohan	Trustee

## TEAM THI

Doctors	8
Nursing Staff	38
Admin Staff	8
Community Workers	5
Paramedical Staff	8

	2021-22	2020-21
OP patients	34413	36573
In Patients	1578	1879
Surgeries	563	541
Deliveries	759	848

## CRAFT

	2021-22	2020-21
Members	60	60
Sales [lakhs]	56.59	57.85
Wages to artisans [lakhs]	<b>29.32</b>	<b>35.21</b>

## SALARY BREAKUP

	Gents	Ladies	Total
6000 - 10000	3	16	19
10000 - 20000	12	23	35
20000 - 40000	2	5	7
40000 - 80000	4	2	6
<b>Total</b>	<b>21</b>	<b>46</b>	<b>67</b>

All Staff have benefits of PF, Gratuity and free medical expenses

INCOME & EXPENDITURE					
INCOME	2021-22			2020-21	
	SCH	LAKH	%	LAKH	%
Donations	19	108.5	17%	36.6	8%
Grants	20	225.4	35%	91.7	20%
<b>Total Donations &amp; Grants</b>		<b>333.9</b>	<b>51%</b>	<b>128.3</b>	<b>29%</b>
SELF-GENERATED					
Activities which generate Net Income	21	280.5	43%	282.9	63%
Other Income	22	37.8	6%	38.6	9%
<b>Total Self-generated</b>		<b>318.3</b>	<b>49%</b>	<b>321.5</b>	<b>71%</b>
<b>Total Income</b>		<b>652.2</b>	<b>100%</b>	<b>449.8</b>	<b>100%</b>
EXPENDITURE	2021-22			2020-21	
	SCH	LAKH	%	LAKH	%
PROGRAMME(S)					
Hospital services	23	331.4	66%	292.4	73%
Community health	24	107.4	21%	4.1	1%
Organic farming support	25	53.1	11%	26.5	7%
Community Development	26	9.1	2%	12.5	3%
<b>Total Programmes</b>		<b>501.0</b>	<b>100%</b>	<b>335.5</b>	<b>84%</b>
<b>Management: Operational &amp; Misc costs</b>	27		0%	66.0	15%
<b>Total Expenditure</b>		<b>501.0</b>	<b>77%</b>	<b>401.5</b>	<b>89%</b>
Funds available (or not), for development of services (Surplus/ Deficit)	28	151.2	23%	48	11%
		<b>652.2</b>		<b>449.8</b>	

FARMING		
	2021-22	2020-21
Groups	70	70
SOFA members	500	500
Certification farmers	500	500
Women group members	485	485
SOFA income [in lakhs]	<b>90.79</b>	<b>149.76</b>

"Hospital Finances" April '21 to March '22 Outpatients			
	Paying	Free	Total
Patient	25725	8662	34413
Amount	77.0	23.6	100.6
In Patients			
	Paying	Free/ concession	Total
Patient	167	1744	1911
Amount (Lakhs)	140.4	39.1	179.5
	Total		
	Paying	Free	Total
Patient	25892	10406	36324
Amount (Lakhs)	217.4	62.7	280.1
	<b>Free %</b>	<b>22%</b>	

No Air travel during this financial year

**Main Auditor** – Mr. Rajnikanth, Salem

**Financial Advisor** – Mr. Shivakumar K,  
Gandhigram

Salaries of Rs. 9.79 lakhs each were paid to Trustees Dr. Regi and Dr. Lalitha as doctors

**Highest salary:** Rs.81,660/- [senior doctor]

**Lowest salary:** Rs. 7750/- [fresh appointee]

- Board of Trustees meet twice yearly
- Executive Committee meets for emergency decisions
- Working Committee of Staff meets every 2 months
- Full Staff meetings every month

Detailed audited accounts are available on request

## STEADFASTNESS IN ALL OUR WORK

We are accredited by Credibility Alliance for financial transparency and work culture

**BANKER**



Thumbal

# ABOUT US

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Tribal Health Initiative started working in Sittilingi valley of Dharmapuri Dist of Tamil Nadu since 1993. We now have a Base Hospital which caters to more than 1 lakh people, most of whom are tribals. We also run a comprehensive development program for about 15,000 tribals who dwell in 25 settlements. We also work in the Kalrayan Hills in health.

# VISION

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That the people of Sittilingi Valley and Kalrayan Hills in Tamil Nadu lead a better quality of life keeping their traditions, customs and pride intact.

# REGISTERED

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As a Public Charitable Trust No 147/92, Dindigul, Regd u/s 12A, 80G of the IT Act; Regd under FCRA to accept foreign donations

To Visit or Contact us

## TRIBAL HEALTH INITIATIVE

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[www.tribalhealth.org](http://www.tribalhealth.org)



Tribal Health Initiative