



The Rural Health Exposure Internship (2022-23)

Participating organisations:

Basic Health Services Trust, Rajathan

Gudalur Adivasi hospital, Nilgris, Tamil Nadu

Tribal Health Initiative, Sittilingi, Tamil Nadu

KCPatty Primary Health Center, Kodaikanal, Tamil Nadu

Christian Hospital, Bissam Cuttack, Odisha



Swasthya Swaraj Comprehensive Community Health Program, Kalahandi, Odisha

Jan Swasthya Sahyog, Bilaspur, Chattisgarh

Shaheed Hospital, Chattisgarh

Aarohi, Satholi, Uttarakhand

Jan Chetna Manch, Bokaro, Jharkhand

Vivekananda Girijana Kalyana Kendra, Karuna Trust, B.R.Hills

Offering young Indian doctors a seat on a 12 month journey of searching and learning

Exploring alternative pathways in the pursuit of "Health for all", especially for the poor and the marginalized.

Exploring your inner aspirations and determining what you would want to do as a doctor in India



Tentative dates:

Last date of receiving applications:
20th May, 2022

Interviews: 25th May to 10th June, 2022

Orientation: 22nd to 29th June, 2022

Purpose

There is an increasing number of doctors who are dissatisfied with the trends in mainstream healthcare and are looking for socially relevant alternatives.

We offer you a semi-structured programme where you can explore the possibilities and challenges of rural health.

This programme offers you opportunities to visit different initiatives and interact closely with people engaged with primary and secondary care in areas of need.

It is both a self-exploratory journey as well as an exploration of the far-reaches of our country.

Who can apply

Young doctors who would like to take a year off after MBBS or post graduation, or perhaps a mid-career break

Educational approach

The programme offers multiple engagements in real-life contexts. The focus is on the individual and facilitating his/her search through experiential learning and a total immersion experience. Mentoring is a vital part of this journey.

Basic structure of the programme

The 12 months will be divided into 3 to 4 postings with bridge periods in between. There will be an introductory session, a mid-internship meet with co-travellers and a meeting at the end of one year.

Stories from the field

If the myth of tuberculosis control or that of food security has to be busted, one of the places to go to is South Udaipur where BHS is working. The terrain and social determinants are quite challenging

This fellowship is an essential and crucial part of the learning process. I think being a health care provider is incomplete without going through such a rotation, be it long or short, in our career.

While safe motherhood is a given in the big cities where we were trained, it remains a distant dream for the mothers in the villages of Orissa. Swasthya Swaraj has opened my eyes to the glaring reality.

This kind of exposure should be mandatory for all doctors since we are only exposed to the tertiary care during our training.

Dr. Vasundhara

Dr. Pravin (Coordinator)

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For application forms and more details,
visit:

<https://ruralsensitisationprogram.org/thi-fellowship-program/>

Stipend

A modest stipend will be paid, enough to cover your travel and living expenses.

Selection

Selection will be based on a written application along with testimonials, followed by an interview. We take up to 5 candidates each year.

Flexibility

The postings and exit options will be flexible so that you can pursue what interests you the most. You can choose to spend your posting in the clinic acquiring skills, in the community, or with any of the other ventures of the host organisation.



This initiative is supported by the [Paul Hamlyn Foundation](#)